



Lanaro granfondo



www.gruppovulkan.com - Società Alpina delle Giulie - Sezione di Trieste del CAI

COMPULSORY MEDICAL CERTIFICATE For competitive sport activity

The certificate is in accordance with the Italian law (DM 18/02/1982).

It's compulsory to use this form in order to make sure the organization can treat all the certificates, sent from different countries, correctly.

This medical certificate has to be filled in using capital letters, dated and signed by the doctor, who stamps it and specifies his/her professional number.

Nobody will attempt the race without the medical certificate

LANARO GRANFONDO 2026 – 18/01/2026 – TRIESTE (ITALY)

I, the undersigned Doctor of Medicine,.....

certify that the medical examination of Mr, Ms:Surname.....

First name.....

Born on the: ___/___/_____,

is capable of competing in the:

- Lanaro Granfondo MTB race 36 km, 990 m elevation gain
- Lanaro Granfondo Trail running race, 36 km, 990 m elevation gain
- Lanaro Granfondo Trail running race, 16 km, 410 m elevation gain

and does not present contraindication to the practice of running (athletics), in competition.

Date of visit: ___/___/____

Doctor's signature and stamp (compulsory).....