



# Lanaro granfondo



www.gruppovulkan.com - Società Alpina delle Giulie - Sezione di Trieste del CAI

## COMPULSORY MEDICAL CERTIFICATE For competitive sport activity

**The certificate is in accordance with the Italian law (DM 18/02/1982).**

It's compulsory to use this form in order to make sure the organization can treat all the certificates, sent from different countries, correctly.

This medical certificate has to be filled in using capital letters, dated and signed by the doctor, who stamps it and specifies his/her professional number.

Nobody will attempt the race without the medical certificate

**LANARO GRANFONDO 2024 – 21/01/2024 – TRIESTE (ITALY)**

I, the undersigned Doctor of Medicine,.....

certify that the medical examination of Mr, Ms:Surname.....

First name.....

Born on the: \_\_\_\_/\_\_\_\_/\_\_\_\_,

is capable of competing in the:

- ☐ **Lanaro Granfondo MTB race 35 km, 950 m elevation gain**
- ☐ **Lanaro Granfondo Trail running race, 35 km, 950 m elevation gain**
- ☐ **Lanaro Granfondo Trail running race, 15 km, 400 m elevation gain**

and does not present contraindication to the practice of running (athletics), in competition.

Date of visit: \_\_\_\_/\_\_\_\_/\_\_\_\_

Doctor's signature and stamp (compulsory).....